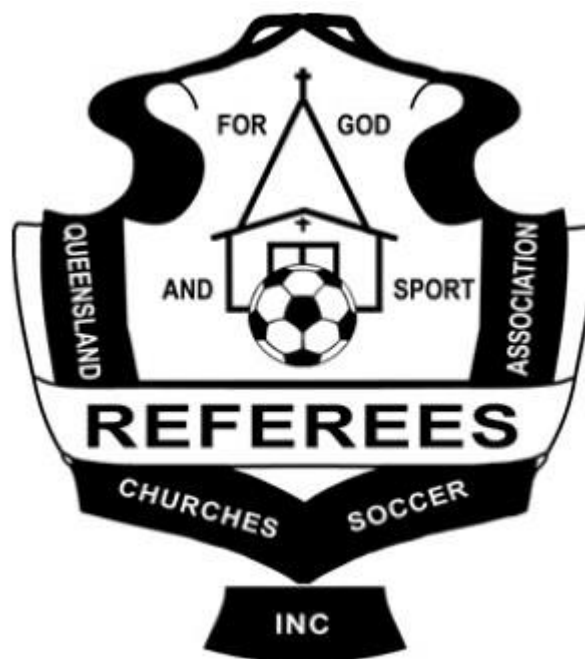


## Guide for Temporary Dismissals (Sin Bins)

A temporary dismissal is when a player commits a cautionable (YC) offence and is punished by an immediate 'suspension' from participating in the next part of that match. The philosophy is that an 'instant punishment' can have a significant and immediate positive influence on the behaviour of the offending player and, potentially, the player's team.

The QCSRA Management committee recommends the following guidelines for temporary dismissals in Competition games within the QCSA:



### On-field Players only

Temporary dismissals apply to all on-field players (including goalkeepers) but not for cautionable offences (YCs) committed by a substitute.

### Offences temporary dismissals apply to

- Temporary dismissals are only for cautions for Dissent by word and/or action. All other cautionable offences are punished with a caution (YC) as normal.
- A player who receives a second caution (YC) for any offence in the same match will be sent off and will take no further part in the match and may not be replaced/substituted

### Forms of Dissent

The following are examples of forms of dissent which can be punishable by a temporary dismissal:

- Actions (verbal and visual) that bring the game into disrepute
- Actions that make the player's presence the focus of attention by injecting a negative temperament/attitude into the game
- Actions which convey aggressiveness toward the referee, player, team official or spectator
- Mass confrontation
- The use of words, tone, body language, facial expressions which demonstrate a negative, condescending attitude toward a referee.
- The extended nature and persistence of the player's actions make the player's intent even more obvious including persisting in displaying dissent after having been warned
- Waving hands at an official, kicking balls away, charging toward an official, invading an official's body space, aggressively following an official around, physically moving toward an official, players having to be restrained from moving toward/at an official, players having to physically remove the player from the area around an official
- Strong and excessively loud comments, directed at an official, another player or team official, that can be heard by other players and spectators
- Gestures, non-offensive in nature, that are directed at an official, another player, team official or spectator and have been observed that show disgust over a decision or disrespect

## **Referee's signal**

The referee will indicate a temporary dismissal by showing a yellow card (YC) and then clearly pointing with both arms to the temporary dismissal area (which will be the player's technical area)

## **The temporary dismissal period**

- The length of the temporary dismissal is the same for all offences
- The length of the temporary dismissal is 5 minutes for matches Under 9's to Under 14's (60 minutes in length or less) and 10 mins for Under 16's, all Senior Men, Senior Women and Over Aged matches (more than 60 minutes in length)
- The temporary dismissal period begins when play restarts after the player has left the field of play
- The referee should include in the temporary dismissal period any time 'lost' for a stoppage for which 'additional time' will be allowed at the end of the half (e.g. substitution, injury, time-wasting etc...).
- Where 4th officials are appointed, they will assist the referee time the dismissal period, alternatively the referee may request assistance from vested officials from each Club to assist. The referee remains the sole judge of the time.
- Once the temporary dismissal period has been completed, the player can return from the touchline with the referee's permission from the half way line in accordance to a normal substitution, which can be given while the ball is in play
- The referee has the final decision as to when the player can return
- A temporarily dismissed player cannot be substituted until the end of the temporary dismissal period following normal substitution procedures
- If a temporary dismissal period has not been completed at the end of the first half (or the end of the second half when extra time is to be played) the remaining part of the temporary dismissal period is served from the start of the second half (or the start of extra time)
- A player who is still serving a temporary dismissal at the end of the match is permitted to take part in Kicks from the Penalty Mark (penalties)

## **Temporary dismissal area**

- A temporarily dismissed player should remain within the technical area unless 'warming up' (under the same conditions as a substitute)

## **Offences before/during/after a temporary dismissal**

- A temporarily dismissed player who commits a cautionable (YC) or sending-off (RC) offence during their temporary dismissal period will take no further part in the match and may not be replaced or substituted