

APPENDIX 4: U9 & U10 MODIFIED RULES

Matches for Under 9 and Under 10 players shall comprise a nine-a-side competition. Rules to apply for these matches are:-

- (A) Under 9 & Under 10 – These play modified soccer (nine-a-side) and can register up to twelve (12) players per team.
- (B) At any time, a team must have no more than 9 players and no fewer than 5 players on the field, one of whom must be a goalkeeper.
- (C) The duration of matches will be 25 minutes each way for Under 9 & Under 10 age groups, with a half time break of 5 minutes.
- (D) Any number of substitutes may be used in a match provided that they are registered players with that Club. A player who has been playing earlier and been replaced is allowed to return to the field as a substitute for another player. The referee must be advised of all substitutions. All substitutions are to take place from the half-way line or as directed by the referee. Players must leave the field before being substituted.
- (E) The off-side rule will not be applied.
- (F) There shall be no direct free kicks (a goal cannot be scored from a free kick unless another player touches it), and no penalty kicks. If a free kick is awarded to the attacking team inside the goal area, the kick must be taken from 5m from the edge of the goal box/penalty box. Defending players may stand on their goal line.
- (G) Kick-offs shall be taken from the centre mark in the middle of the halfway line. All players, except the player taking the kick-off, must be in their own half of the field of play. The opponents of the team taking the kick-off must be at least 5 metres from the ball until it is in play. The ball must be stationary on the centre mark. The referee gives a signal. The ball is in play when it is kicked and clearly moves.
- (H) If the attacking team kicks the ball out over the goal line other than between the goalposts, then a goal kick is awarded to the defending team. Goal kicks may be taken from any point on the penalty box. All players, other than the player taking the kick must be at least 5 metres from the ball when a goal kick is being taken (otherwise the kick is re-taken).
- (I) When the defending team kicks the ball out over the goal line other than between the goalposts, then a corner kick is awarded to the attacking team. A goal may be scored direct from a corner kick.
- (J) When a free kick is being taken, all opposing players must be at least 5 metres from the ball.
- (K) Normal IFAB Rules apply with regard to throw-ins and deliberate fouls.
- (L) Unless otherwise stated above, the normal IFAB Rules shall apply.
- (M) Field Dimensions: field size is to be Min: 60x40 metres to Max: 70x45 metres.
- (N) Field Markings: The field has a half way line. The centre of the field has a spot in the middle of the half-way line. The goal box/penalty box is 5 metres x 12 metres.
- (O) Goal Dimensions: Goal posts to be 5 metres wide and 2 metres high.
- (P) The field will be line marked with a different colour paint if on the same field as full size games to be played.
- (Q) The ball size is size 4.
- (R) QCSRA referees will officiate these matches and appoint assistant referees to matches where possible.

Options for field configurations:

