

# ST CATHERINES UNITED FOOTBALL CLUB COVID SAFE RETURN TO TRAINING GUIDELINES

## STAGE 2 – NON CONTACT



Last Edited 12 June 2020

# KEY THEME

GET IN, TRAIN AND GET OUT – AIS FRAMEWORK PRINCIPLE

IF YOU ARE FEELING UNWELL, PLEASE STAY AT HOME

HEALTH AND SAFETY OF ALL PLAYERS, SPECTATORS,  
OFFICIALS TOP PRIORITY

# KEY REQUIREMENTS

20 People maximum per designated training area

Coaches to ensure all training is non-contact skills based

Team Manager to keep track of all players and spectators attending training session

Team Manager to assist with maintaining social distancing requirements – eg no mingling between training groups

Players to arrive ready to train

All players to use hand sanitizer to clean their hands before and after training

Coaches to clean all equipment after each training session

No shared drink bottles or bibs

Social Distancing of 1.5m spacing to be maintained

# PLAYERS AND PARENTS SUPPORT

Be familiar with this Covid Safe document

Parents/Spectators must not congregate around the playing area or they are included in the 20 person limit

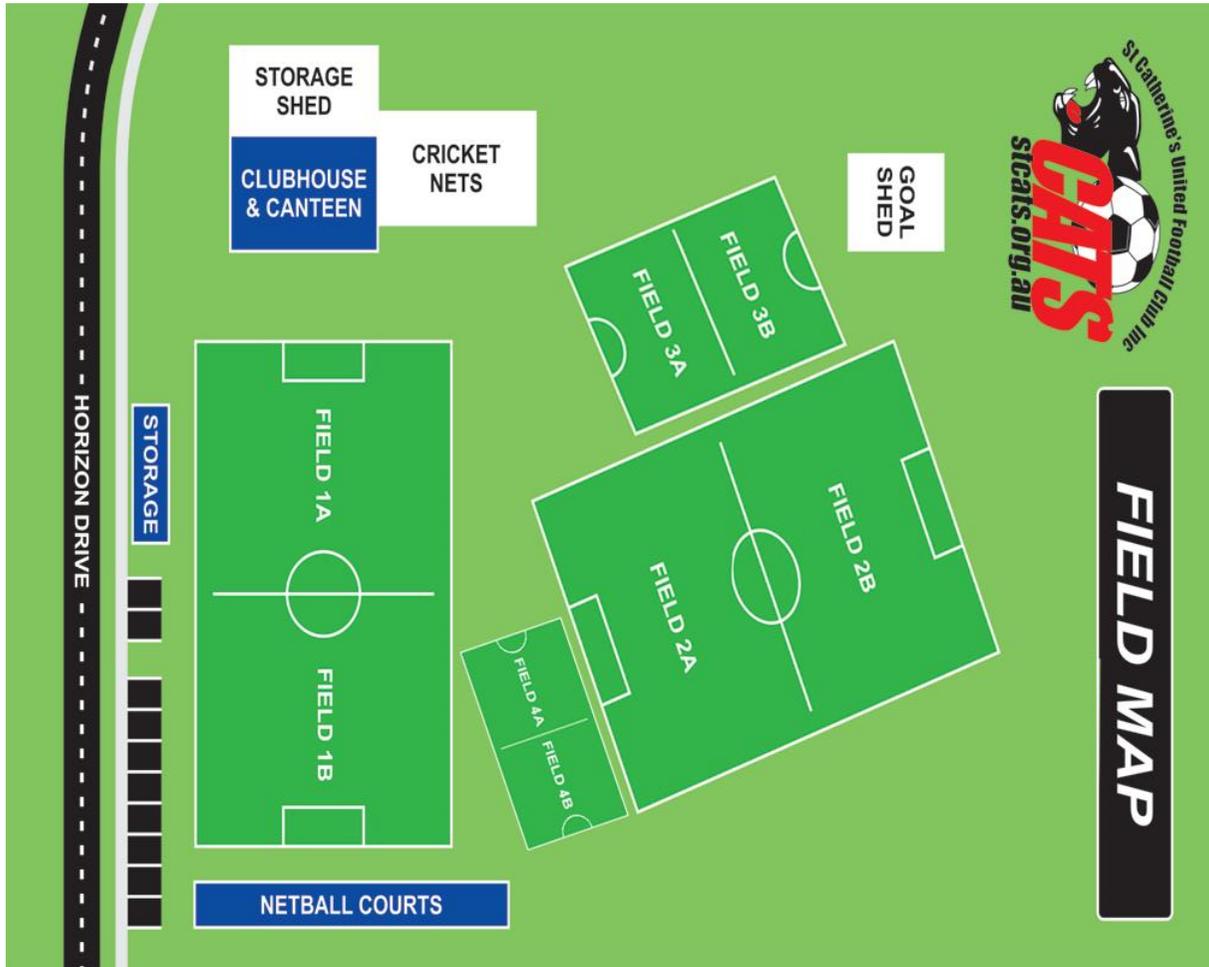
If parents are staying, they must be recorded as attending on the Team Attendance sheet

All Teams waiting to train must not enter the fields until teams training on the field have left

**Juniors** – Under 6 to Under 8 – 1 parent per player is allowed to stay at training. Parents must remain at least 4m away from the training area and follow social distancing guidelines

**Seniors** – Under 9 and above – Parents are to wait outside the fence for training to finish. Only the coach and manager are allowed with the training group

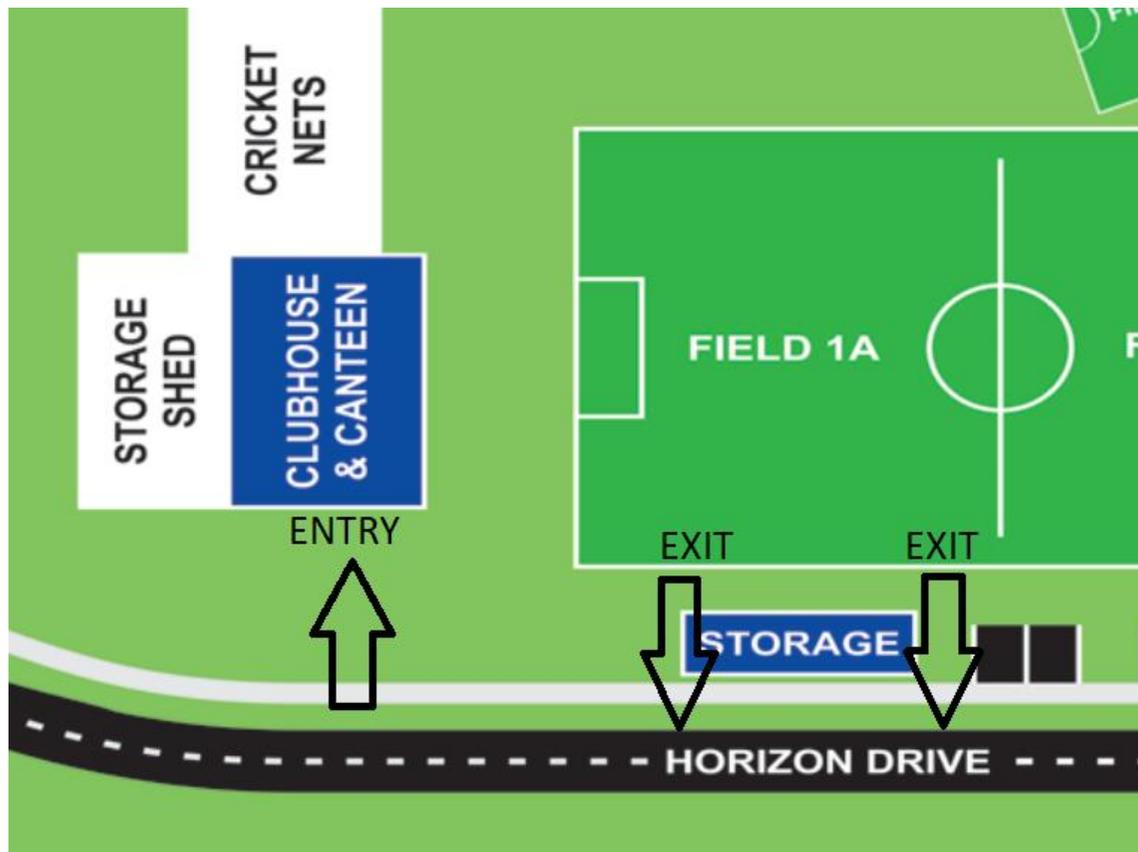
# FIELD LAYOUT



# FIELD ENTRY AND EXIT

Field entry via the double gates leading to the clubhouse

Field exit via the two gates either side of the storage building



# LAYOUT AND EQUIPMENT

Training is allowed to commence with a maximum of 20 people per defined playing area which is half of each field.

Ensure a minimum of 5m gap between training areas

All players to sanitise hands before and after training – team coaches will have a bottle of sanitizer or players can bring their own

All equipment to be cleaned by the team coach before being put back in the equipment shed – cleaning products will be available for Coach use only in the equipment shed

# MANDATORY ATTENDANCE MONITORING

All players and spectators who attend training must be recorded on the attendance sheet by the Team Manager.

Attendance sheets to be kept for the duration of the 2020 season

St Cats Recommends download of the Covid Safe App by all club members

# KEY THEME

GET IN, TRAIN AND GET OUT

IF YOU ARE FEELING UNWELL, PLEASE STAY AT HOME

AND HAVE FUN TRAINING!