



U6, U7 and U8 Modified Rules

Playing laws for under 6 to under 8 games are modified versions of those prescribed from the full-field game by the Federation of International Football Associations (FIFA). The following guidelines are based on the Queensland Christian Soccer Association's 2015 by-laws

For under 6, 7 and 8 players, rules to apply for these matches are:-

- A. Matches for under 6, 7 and 8 players shall comprise a six-a-side with a maximum of 3 interchange Players.
- B. At any time, a team must have no more than 6 players and no fewer than 4 players on the field, one of whom must be a goalkeeper.
- C. Any number of substitutes may be used in a match provided that they are registered players with that Club. A player who has been playing earlier and been replaced is allowed to return to the field as a substitute for another player.
- D. The coach or his nominee (i.e. one person per team) may run with the players on the field to coach and direct them providing that the conduct of the match is not disturbed.
- E. The off-side rule will not be applied.
- F. There shall be no direct free kicks (a goal cannot be scored from a free kick unless another player touches it), and no penalty kicks.
- G. Kick-offs shall be taken from the spot in the middle of the centre circle. If the ball does not pass out of the circle before being kicked by another player, then the kick-off is re-taken by the same team. If the player taking the kick-off kicks the ball a second time before it is kicked by another player, then a free kick is awarded to the opposing team. Players from the opposing team must be at least 5 metres from the ball when a kick-off is being taken.
- H. If the attacking team kicks the ball out over the goal line other than between the goalposts, then a goal kick is awarded to the defending team. Goal kicks may be taken from any point on the semicircle. All players, other than the player taking the kick (and the goalkeeper if someone other than the goalkeeper is taking the kick) must be at least 5 metres from the ball when a goal kick is being taken (otherwise the kick is re-taken).
- I. At a kick out by the goalkeeper, all players from the team without the ball must retire to their own half until the ball is touched by a player from the team in possession of the ball, the ball crosses the half way line or the ball leaves the field of play. If the team without the ball infringes, the kick is to be taken again (this is a club rule).
- J. When the defending team kicks the ball out over the goal line other than between the goalposts, then a corner kick is awarded to the attacking team. Corner kicks shall be taken from the point marked on the goal line, 5 metres from the semicircle. A goal may be scored direct from a corner kick.
- K. When a free kick is being taken, all opposing players must be at least 5 metres from the ball. If a free kick is awarded to the attacking team within 5 metres of the goal area or inside the goal area, the ball is taken back to a point 5 metres from the goal area (so that defenders may stand just outside the semicircle).
- L. Only the goalkeeper is allowed in the goal area at any time, except for a defending player taking a goal kick or free kick. The player taking the kick (if not the goalkeeper) must vacate the goal area immediately after the kick is taken. If the ball is kicked from within the goal area by an attacker, the defending team is awarded a free kick from the semicircle. If the ball is kicked from within the goal area by a defender (other than the goalkeeper), the attacking team is awarded a free kick from 5 metres outside the semicircle (as in Rule J above). However, a player unavoidably running into the semicircle on follow-through shall not be penalised provided he does not kick the ball whilst in the semicircle.
- M. Normal FIFA Rules apply with regard to throw-ins and deliberate fouls.
- N. Unless otherwise stated above, the normal FIFA Rules shall apply.
- O. Field Dimensions: When using a field separate to splitting a full size field, field size is to be Min: 45x25 metres to Max: 55x35 metres.
- P. Field Markings: The field has a half way line. The centre of the field has a 5 metre diameter circle. The goal box has a 5-meter radius semicircle. Corner kicks are marked 5-metres from the goal semicircle.
- Q. Goal Dimensions under 7 and 8: Goal posts to have a 1.5-meter high post with a 3-meter opening.



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- R. The duration of matches will be 15 minutes U6 and U7 and 20 minutes U8 each way with a half time break of 5 minutes.
- S. The designated home team must provide a referee for their game.